emboody/ low impact, high vibration

BRANDING GUIDE

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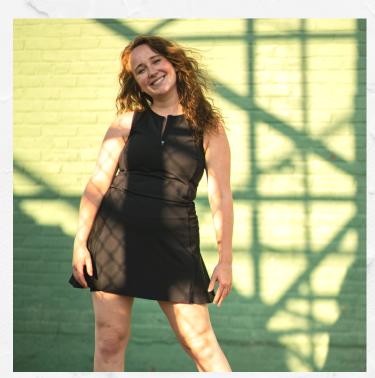
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ABOUT THE BRAND: MISSION STATEMENT

embody by emma motivates clients to move, embrace, and support their minds, bodies, and souls all in a 45 min music-based workout. Our low intensity, high vibration approach provides clients with an accessible, safe space to show up, embrace their whole-selves, and break a sweat, all set to bumpin' beats. embody by emma specializes in beat-based movement including our own trademarked classes, embody by emma offers alignment-focused, accessible classes that support mind, body and soul through movement and awareness.

TARGET AUDIENCE

embody by emma is for those in their 20's-30's searching for movement of mind, body, and soul, a more wholehearted embrace of where they are, and an excitement for where they are going!





VISION:

FOR CLIENTS

embody by emma aims to motivate clients to move, embrace, and support their minds, bodies, and souls during and after our signature 45 min music-based workouts. We aim to build a positive community ready to embrace each other no mater their shape, size, or ability.

FOR THE BRAND

embody by emma aspires to become a brick and mortar boutique indoor cycling studio in the greater Bangor, Maine area, providing a constant, unwavering space to house the connection we've built. Physical movement inside those walls gives way to movement in the minds, bodies, and souls that join us, boosting community, camaraderie, and all around good vibes in the greater Bangor community.

FOR CLASSES

embody by emma offers alignment-focused. accessible classes that support both body and mind through movement and awareness. Specializing in movement to music. cycling, low impact, high intensity workouts, we want our clients to feel positive in their movements. listen to their bodies, and feel good after each class with us.

BRAND AESTHETICS:

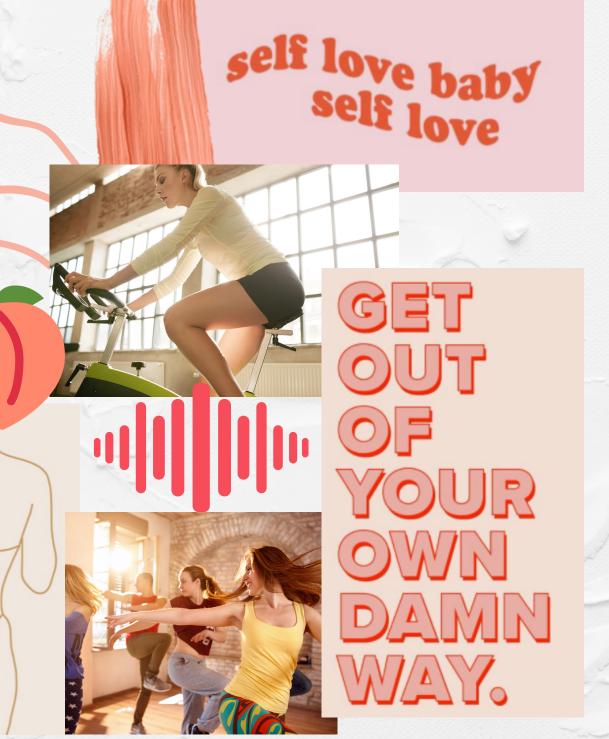
MOOD BOARD

"Let's dance to the beat of our full potential, not our supposed shortcomings.

Let's move to the music of our magnificence.

We are divine, we are literally miraculous, we are creations of the cosmos.

So let's think like it."



BRAND AESTHETICS:

BRAND COLORS





LOGO DESIGN:

MAIN LOGO

SUBMARK

embody em en

ALTERNATE LOGOS



UNI COLOR LOGOS

embody embody embody embody low impact, high vibration ()

BRAND EXTENTIONS:

CLASS NAMES

embrace - cardio class empower - HIIT class emerge - combo class embark - beginners class

EVENT NAMES

Movement, Melodies, & Mimosas Booty Building & Bubbly

COMMUNITY NAME

embody empire

SHOP

embody, embrace, empower

CHARITY/GIVE BACK RETREAT NAME MEETUP NAME

BRAND FONTS:

MAIN FONT

League Spartan Aa Bb Cc Dd Ee Ff Gg Hh Ii Jj Kk Ll Mm Nn Oo Pp Qq Rr Ss Tt Uu Vv Ww Xx Yy Zz

SUPPORTING FONTS

Open Sans
Aa Bb Cc Dd Ee
Ff Gg Hh Ii Jj Kk
Ll Mm Nn Oo Pp
Qq Rr Ss Tt Uu
Vv Ww Xx Yy Zz

Moontine

An Bb Cc Dd Ee Ff

Gg Hh Ii Jj Kk Ll

Mm Mn Oo Pp Qg Rr

Ss Tt Mn Vr Ww Xx

Mn 72

BRAND ELEMENTS: VISUAL

EMOJIS



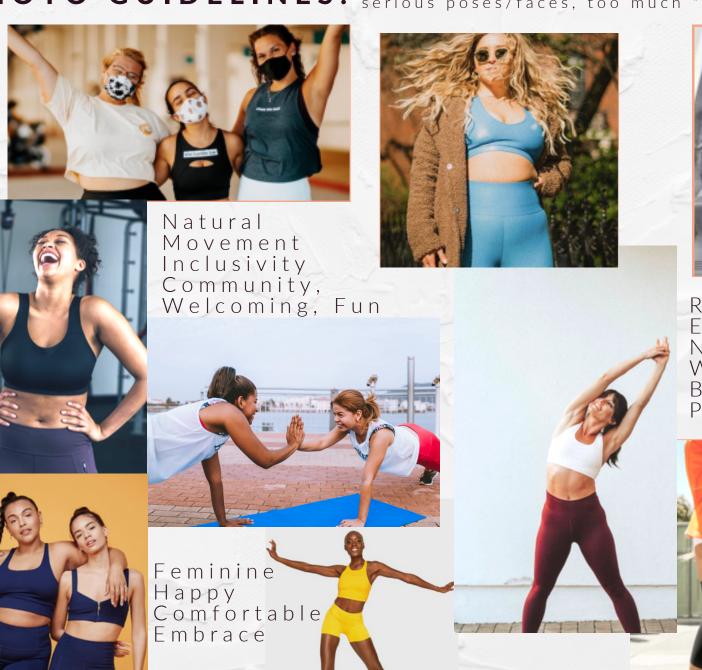
PHOTOGRPAHY

Rounded, soft lines
No retouching
Warm Colors
Bright Editing
Positivity, High Vibe energy
Natural Movement
Inclusivity
Community,
Welcoming, Fun
Feminine
Happy
Comfortable
Embrace

TYPOGRAPHY

Simple Contrast Lower-case

PHOTO GUIDELINES: DON'TS: harsh lines, dark colors/shadows, over editing, serious poses/faces, too much "weight room" vibes





Rounded, soft lines Energy No retouching Warm Colors Bright Editing Positivity, High Vibe



PAGE 9

PRINT MOCK-UPS:

class punch cards instructor business cards letterhead class brochure postcard

's think like it. "

low intensity, high vibration





Dear Customer,

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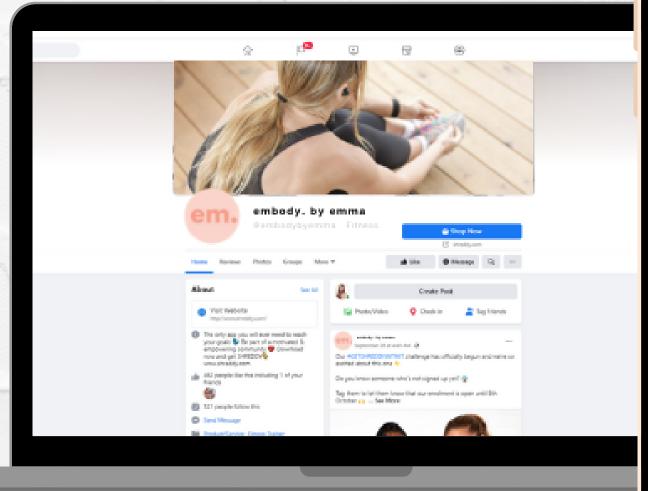
Be well & keep moving,

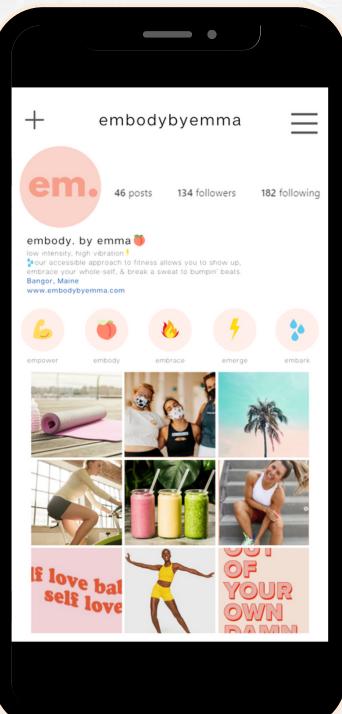
Ewwa Farning
Founder, CEO, & Instructor
embody, by emma



SOCIAL PROFILE MOCK-UPS:

Facebook & Instagram Website to come







Visual aspects of the brand that will get remembered, photographed, and shared.

